

## PTOSIS AND LID SURGERY FAQ

Droopiness of the upper lid is corrected under local anesthesia. It is an outpatient procedure , taking about 40 minutes. The anesthetic will completely numb the eyelid and the surgery is performed with the eyelids closed so there is really nothing for you to see. Many patients worry that they will see the operation itself but you can be assured that is not the case.

There is minimal pain after, however ,there can be a lot of bruising and swelling. For that reason, it is important to ice the lids while awake for 48 hrs once you leave the hospital. You do not need to ice at night.

It is quite common for the swelling to be asymmetrical . As long as you can open the eye despite the swelling , it will eventually settle. If the swelling or bleeding occurs quite quickly or it becomes hard and firm you will need to contact Dr Deans directly via the contact phone provided on your post op instructions.

There are no bandages or patches and you will be able to see after the operation. You can watch TV , read or use the computer but it is important to ice the lids to reduce the swelling.

Most patients only have a mild degree of pain requiring Tylenol for the first day and often need nothing after that.

Keep the incisions dry for 48 hrs and you can shower after that. If the lashes are crusting together , you may use a damp cloth to clean them . After 48 hrs, you may use a damp cloth on the incision to gently soak the crust that develops. Do not rub the incisions, Keep your activities light during the first week. For the first two days, you will cannot bend stoop or lift.

Full recovery takes about 10 days. After the first 2 days , you can resume mild activities around the house. You should be able to drive after 48hrs . Most people return to work in 10-14 days after surgery. You will notice some itching on the incision over the first week and gently soaking the incision with warm water will help with the itching that occurs . You can begin the warm soaks about 2 days after surgery. You may use makeup as needed starting 1 week after surgery. The stitches will dissolve and you will see Dr Deans 1-2 weeks after the operation.

This is a long lasting operation and in most people will last 10-20 years . There is a 5-15% chance that the muscle may stretch or overtighten in the immediate post operative period . This may result in some unevenness in the result and can result in another smaller adjustment operation to get a better and more even result. The chance of having a second surgery is about 5%.

The incision is made in the lid crease so that it is hidden after surgery.

The main risks is bleeding and infection. You will need to ice your lids and take it very easy for 48 hrs after surgery and take antibiotics by mouth for 3-5 days.

It is also okay to consume alcohol ( in moderation) starting 1 day after surgery.

Please discuss any questions you may have with Dr Deans and our office. Answering your questions is one of the most important things during your consultation and before your operation.

Dr Robin Deans 1270 Walker Road, Unit 4, Windsor ON. 519-256-9333.

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